



Respect and Inclusion Pledge

I hereby pledge to respect and include all people, regardless of age, by

- ... learning more about aging and the experience of older adults;
- ... gently educating people when they make demeaning comments about older adults;
- ... making no assumptions about the age of slow or bad drivers;
- ... holding doors for all people because it is the polite thing to do;
- ... helping someone or giving up my seat because they need it, not because they are old; and
- ... never telling another person – or myself – “you’re too old for that!”

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Signature

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Date